

THE ESSENTIAL PACKING LIST

Leisure clothes. Bring clothes that you can wear again in a matter of days, especially if you're not (or rarely) doing laundry. As much as possible, limit jackets and coats – bring ones that will be your staple; you wouldn't want to bring much since they're heavy too.

+ Jacket/Coat + Socks + Underwear	One pair up to 3 uses One pair jeans up to 7 uses 1-2 per day according to usual usage As limited as possible 1 pair per day 1-2 pairs, per usage
+ Shoes/Sneakers ·····	

Work. When traveling for work, the secret is to pack one set of clothes per meeting days – when you have to dress up a bit more for work. Choose a jacket or blazer that has a more versatile style to suit whatever outfit you put on specific days.

	Bring 1-2 per work day, depends on usage Bring 1-2 per work day, try to use 1 pair 2-3x
	1 pair shoes for work days, 1 pair socks per day
+ Jacket/Blazer ·····	If possible, dedicate 1 jacket
+ Ties/Foulards ·····	1-2 ties/foulards per day
+ Dress handkerchief ········	
+ Business cards ······	Proportionate amount to stay & activities

Accessories. Keep these to a minimum, keep the more precious ones at home. It's so easy to lose jewelry when traveling so limit as possible.

+ Watch	+ Wallet	+ Glasses	+ Passport + visa
+ Belt	+ House keys	+ Sunglasses	+ Flight ticket & bookings

Toiletries. For short travels, stay with the basics and keep items to a minimum. If staying at a hotel with decent toiletries, go for those instead. For longer durations, consider going to the supermarket, and buying just enough for what you need. If you do bring your own, make sure to use travel-sized when packing light.

- + Shampoo, conditioner & soap
- + Toothbrush & toothpaste
- + Floss & mouthwash
- + Deodorant
- + Contacts & solution
- + Shaving cream & shaver
- + Hairbrush
- + Hair clips & ties
- + Hair products (oil/wax/gel)
- + Cologne/Perfume

- + Tweezers, Nail clippers, Scissors
- + Skincare essentials in travel sizes (moisturizer, toner, etc.)
- + Medicine & prescriptions

The amount of items would depend on how particular you are with your routine. Stick to the basics as best practice.

For the ladies

- + Feminine hygiene products
- + Makeup & makeup remover

Remember to check your calendar to see if you need to carry some extra things.

Electronics. Try to nix the laptop from your bag completely – unless you're traveling for work or you work remotely. Bring a universal adapter when traveling internationally.

- + Laptop/Tablet/Notebook & charger
- + Camera & charger
- + Universal adapter

- + Phone & charger
- + External battery pack

More tips. Having a very general check list has, without a doubt, proven to be a huge help when it comes to preparing for travels. And with today's day and age, it's much easier to get a hold of apps that can help travelers have a more hassle-free experience.

+ Automated Itinerary Generation	Have someone else look for the details in your emails. Get only the important information.
	With TravelerBuddy, you can forward your booking confirmation emails to trips@travelerbuddy.com and have the app put the itinerary together for you.
+ Pre-Travel Checks	Check if you have everything you need before you travel. From passports to vaccinations.
	The Pre-Travel Check <u>feature</u> of TravelerBuddy helps you stay ontop of these. Keep a record of checks on previous and upcoming trips too.
+ Online check-in	Know when your flight would be ready to check-in and do it online. Get it done now, worry less later.
	Do your online flight check-in through the app . Easily copy all the details you need to fill in and you're a step closer to your flight.
+ Automated Packing List	Fill in the details and have the computer generatethe list for you.
	TravelerBuddy has a Packing List <u>feature</u> to help you make that list much faster. Add and edit items to customize the list. Print, save or share for future reference.

ABOUT TRAVELERBUDDY

TravelerBuddy is your digital travel assistant. Have the app do everything for you, so that you can enjoy a hassle-free trip.

Whether it's before, during, or after your trips, TravelerBuddy has got you covered - from your itinerary, to pre-travel checks, to online flight check-ins, down to an expense assistant (especially for your business-related reports).

It's a one-stop app where you can access everything you need - paperless. Have someone manage the little details for you and have you ready to go. When you have TravelerBuddy on hand, there's no need to carry documents around. Have all your bookings, tickets, visas, passports and everything else you need right on the app.

Access your flight and hotel information, as well as your emergency contacts with a few simple taps. With TravelerBuddy, all your personal and trip information is assured to be safe and secure. Privacy is one of our biggest priorities.



